Fourth Five Districts Open Track and Field championship - 2018 Organised by

India Masters Athletics

In Association with

Masters Athletics of Maharashtra

Under the Auspices of Thane District Athletic Association Venue: University Sports Pavilion, Marine Lines, Mumbai

Dates:1 to 4 November, 2018

	Order of events			
	1-Nov-18			
7:00 a.m.	5000 Mtrs Run	Men	69	Final
7:25 a.m.	5000 Mtrs Run	B/20	54	Final
7:50 a.m.	5000 Mtrs Run	Women	132	Final
8:20 a.m.	100 Mtrs Run	B/14	13	Heats
	Long JUMP	G/18	118	Final
	Discus Throw	Women	137	Final
8:40 a.m.	100 Mtrs Run	B/16	22	Heats
	Shot Put	B/18	43	Final
9:00 a.m.	100 Mtrs Run	G/14	92	Heats
	High Jump	G/16	106	Final
9:20 a.m.	100 Mtrs Run	G/16	101	Heats
9:40 a.m.	100 Mtrs Run	B/18	22	Heats
	Long JUMP	Women	133	Final
10:00 a.m.	100 Mtrs Run	B/20	49	Heats
10:15 a.m.	100 Mtrs Run	G/18	112	Heats
	Shot Put	B/14	18	Final
	Discus Throw	Men	75	Final
10:30 a.m.	100 Mtrs Run	Men	64	Heats
10:45 a.m.	100 Mtrs Run	Women	127	Heats
	High Jump	B/16	27	Final
	Long JUMP	B/20	55	Final
	Discus Throw	G/16	108	Final
11:00 a.m.	400 Mtrs. Run	B/14	15	Heats
	Shot Put	B/20	58	Final
	Discus Throw	B/16	30	Final
11:20 a.m.	400 Mtrs. Run	G/14	94	Heats
	Long JUMP	Men	71	Final
11:40 a.m.	400 Mtrs. Run	B/16	24	Heats
12:00 hrs.	400 Mtrs. Run	B/18	36	Heats
12:20 p.m.	400 Mtrs. Run	B/20	51	Heats
12:40 p.m.	400 Mtrs. Run	G/16	103	Heats
12:50 p.m.	400 Mtrs. Run	G/18	114	Heats

		Women	129	Heats	
1:00 p.m. 1:10 p.m.	400 Mtrs. Run 400 Mtrs. Run	Men	66	Heats	
1.10 μ.π.	400 Mitis. Null	IVICII	00	ricats	
	Lunch Break				
2:15 p.m.	100 Mtrs. Run	B/14	13	S.F	
<u> </u>	Long JUMP	B/16	26	Final	
	High Jump	Women	134	Final	
	Shot Put	Men	74	Final	
2:30 p.m.	100 Mtrs. Run	G/14	92	S.F	
·					
2:40 p.m.	100 Mtrs. Run	B/16	22	S.F	
2:50 p.m.	100 Mtrs. Run	B/18	34	S.F	
3:00 p.m.	100 Mtrs. Run	B/20	49	S.F	
·	High Jump	G/18	119	Final	
3:10 p.m.	100 Mtrs. Run	G/16	101	Final	
3:20 p.m.	100 Mtrs. Run	G/18	112	S.F./Final	
3:30 p.m.	100 Mtrs. Run	Women	127	Final	
•	Shot Put	B/16	29	Final	
	Discus Throw	B/14	19	Final	
3:40 p.m.	100 Mtrs. Run	Men	64	S.F./Final	
3:50 p.m.	100 Mtrs. Run	B/14	13	Final	
4:00 p.m.	100 Mtrs. Run	G/14	92	Final	
4:10 p.m.	100 Mtrs. Run	B/16	22	Final	
4:20 p.m.	100 Mtrs. Run	B/18	34	Final	
4:30 p.m.	100 Mtrs. Run	B/20	49	Final	
·	Shot Put	Women	136	Final	
	Discus Throw	G/14	98	Final	
4:40 p.m.	100 Mtrs. Run	G/16	101	Final	
4:50 p.m.	100 Mtrs. Run	Men	64	Final	
	Long JUMP	G/14	95	Final	
5:00 p.m.	400 Mtrs. Run	B/14	15	Final	
5:00 p.m.	400 Mtrs. Run	B/16	24	Final	
5:10 p.m.	400 Mtrs. Run	G/14	94	Final	
5:20 p.m.	400 Mtrs. Run	G/16	103	Final	
5:30 p.m.	400 Mtrs. Run	B/18	36	Final	
5:40 p.m.	400 Mtrs. Run	B/20	51	Final	
5:50 p.m.	400 Mtrs. Run	G/18	114	Final	
6:00 p.m.	400 Mtrs. Run	Men	51	Final	
6:10 p.m.	400 Mtrs. Run	Women	129	Final	
	Order of events	is subject to	Alteration		
	Lanes are Pre-Di	Lanes are Pre-Drawn			
	2-Nov-18				
7:00 a.m.	800 Mtrs. Run	Men	67	Final	

7:10 a.m.	800 Mtrs. Run	Women	130	Final
7:20 a.m.	800 Mtrs. Run	B/20	52	Final
7:30 a.m.	800 Mtrs. Run	B/18	37	Final
7:40 a.m.	800 Mtrs. Run	G/18	45	Final
	Shot Put	B/16	29	Final
	Discus Throw	G/18	12	Final
7:50 a.m.	200 Mtrs. Run	B/14	14	Heats
8:10 a.m.	200 Mtrs. Run	B/16	23	Heats
8:30 a.m.	200 Mtrs. Run	B/18	35	Heats
8:50 a.m.	200 Mtrs. Run	B/20	50	Heats
	Discus Throw	B/20	59	Final
9:10 a.m.	200 Mtrs. Run	Men	65	Heats
	Shot Put	G/14	97	Final
	Discus Throw	B/18	44	Final
9:30 a.m.	200 Mtrs. Run	G/14	93	Heats
	Long JUMP	B/16	26	Final
9:50 a.m.	200 Mtrs. Run	G/16	102	Heats
10:10 a.m.	200 Mtrs. Run	G/18	113	Heats
10:30 a.m.	200 Mtrs. Run	Women	128	Heats
	Long JUMP	B/14	14	Final
	High Jump	B/18	41	Final
	Shot Put	G/18	121	Final
10:50 a.m.	110 Mtrs. Hurdles	Men	77	T.T./Final
11:00 a.m.	110 Mtrs. Hurdles	B/20	61	T.T./Final
11:15 a.m.	100 Mtrs. Hurdles	B/16	32	T.T./Final
11:30 a.m.	100 Mtrs. Hurdles	B/18	46	T.T./Final
	High Jump	B/20	56	Final
	Long JUMP	G/16	105	Final
11:45 a.m.	100 Mtrs. Hurdles	G/18	124	T.T./Final
12:00 hrs	100 Mtrs. Hurdles	Women	139	T.T./Final
12:15 p.m.	100 Mtrs. Hurdles	G/16	110	T.T./Final
12:35 p.m.	80 Mtrs. Hurdles	B/14	20	T.T./Final
12:50 p.m.	80 Mtrs. Hurdles	G/14	99	T.T./Final
	Lunch Break			
2:00 p.m.	200 Mtrs. Run	B/14	12	S/F
	Long Jump	B/18	40	Final
	High Jump	Men	72	Final
	Shot Put	G/16	107	Final
2:10 p.m.	200 Mtrs. Run	B/16	23	S/F
2:25 p.m.	200 Mtrs. Run	B/18	35	S/F
2:35 p.m.	200 Mtrs. Run	B/20	50	S/F
2:45 p.m.	200 Mtrs. Run	Men	65	S/F
3:00 p.m.	200 Mtrs. Run	G/14	92	S/F
3:15 p.m.	200 Mtrs. Run	G/16	102	S/F

3:25 p.m.	200 Mtrs. Run	G/18	113	S/F
	Triple Jump	B/16	28	Final
3:40 p.m.	200 Mtrs. Run	Women	128	S/F
	High Jump	G/14	96	Final
4:00 p.m.	3000 Mtrs. Run	B/18	39	Final
4:15 p.m.	3000 Mtrs. Run	G/18	117	Final
4:40 p.m.	200 Mtrs. Run	B/14	14	Final
	High Jump	B/14	17	Final
4:45 p.m.	200 Mtrs. Run	B/16	23	Final
4:50 p.m.	200 Mtrs. Run	B/18	35	Final
4:55 p.m.	200 Mtrs. Run	B/20	50	Final
5:00 p.m.	200 Mtrs. Run	Men	65	Final
5:05 p.m.	200 Mtrs. Run	G/14	93	Final
5:10 p.m.	200 Mtrs. Run	G/16	102	Final
5:15 p.m.	200 Mtrs. Run	G/18	113	Final
5:20 p.m.	200 Mtrs. Run	Women	128	Final
	Order of events	is subject to	Alteration	
	Lanes are Pre-Dr	awn		
	3-Nov-18			
7:00 a.m.	1500 Mtrs. Run	Men	68	Final
7:15 a.m.	1500 Mtrs. Run	B/20	53	Final
7:30 a.m.	1500 Mtrs. Run	B/18	38	Final
	Javelin Throw	Women	138	
	Triple Jump	Men	73	Final
7:40 a.m.	1500 Mtrs. Run	B/16	25	Final
7:50 a.m.	1500 Mtrs. Run	G/16	104	Final
8:00 a.m.	1500 Mtrs. Run	G/18	116	Final
8:15 a.m.	1500 Mtrs. Run	Women	131	Final
8:30 a.m.	100 Mtrs. Run	G/10	82	Heats
	Triple Jump	B/18	42	Final
	Javelin Throw	G/18	123	Final
9:00 a.m.	100 Mtrs. Run	G/12	87	Heats
9:30 a.m.	100 Mtrs. Run	B/10	2	Heats
	Triple Jump	G/18	120	Final
	Javelin Throw	G/16	109	Final
10:00 a.m.	100 Mtrs. Run	B/12	88	Heats
	Shot Put	G/10	85	Final
	Triple Jump	Women	135	Final
10:30 a.m.	200 Mtrs. Run	G/10	83	Heats
	Javelin Throw	Men	76	Final
11:00 a.m.	200 Mtrs. Run	G/12	88	Heats
	Triple Jump	B/20	57	Final

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11:20 a.m.	200 Mtrs. Run	B/10	4	Heats
	Javelin Throw	B/20	60	Final
11:50 a.m.	200 Mtrs. Run	B/12	9	Heats
12:20 p.m.	4X100 Mtrs Relay	B/14	33	T.T/Heatsl
12:30 p.m.	4X100 Mtrs Relay	B/16	111	T.T/Heatsl
12:40 p.m.	4X100 Mtrs Relay	B/18	47	T.T/Heatsl
12:50 p.m.	4X100 Mtrs Relay	B/20	62	T.T/Heatsl
1:00 p.m.	4X100 Mtrs Relay	Men	78	T.T/Heatsl
	LUNCH BREAK			
2:10 P.M.	4X100 Mtrs Relay	G/14	100	T.T/Heatsl
	Long Jump	B/12	10	Final
2:20 P.M.	4X100 Mtrs Relay	G/16	111	T.T/Heatsl
2:30 P.M.	4X100 Mtrs Relay	G/18	125	T.T/Heatsl
	Shot Put	B/10	86	Final
	Javelin Throw	B/18	45	Final
2:40 P.M.	4X100 Mtrs Relay	Women	140	T.T/Heatsl
3:00 p.m.	100 Mtrs. Run	G/10	82	S.F.
3:10 p.m.	100 Mtrs. Run	G/12	87	S.F.
	Long Jump	G/10	84	Final
3:20 p.m.	100 Mtrs. Run	B/10	3	S.F.
3:30 p.m.	100 Mtrs. Run	B/12	8	S.F.
	Shot Put	G/12	90	Final
	Javelin Throw	B/16	31	Final
3:40 p.m.	4X400 Mtrs. Relay	Women	141	T.T/Final
3:50 p.m.	4X400 Mtrs. Relay	G/18	126	Final
4:00 p.m.	4X400 Mtrs. Relay	B/20	48	Final
4:10 p.m.	4X400 Mtrs. Relay	B/18	63	Final
	Long JUMP	B/10	5	Final
4:20 p.m.	4X400 Mtrs. Relay	Men	79	Final
4:30 p.m.	200 Mtrs. Run	G/10	83	S.F.
	Shot Put	B/12	11	Final
4:40 p.m.	200 Mtrs. Run	G/12	88	S.F.
4:50 p.m.	200 Mtrs. Run	B/10	4	S.F.
5:00 p.m.	200 Mtrs. Run	B/12	9	S.F.
	Long Jump	G/12	89	Final
5:10 p.m.	4X100 Mtrs Relay	B/14	21	Final
5:20 p.m.	4X100 Mtrs Relay	B/16	33	Final
5:30 p.m.	4X100 Mtrs Relay	B/18	47	Final
5:40 p.m.	4X100 Mtrs Relay	B/20	62	Final
5:50 p.m.	4X100 Mtrs Relay	Men	78	Final
6:00 p.m.	4X100 Mtrs Relay	G/14	100	Final
6:10 p.m.	4X100 Mtrs Relay	G/16	111	Final

6:20 p.m.	4X100 Mtrs Relay	G/18	125	Final
6:30 p.m.	4X100 Mtrs Relay	Women	140	Final
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	Order of events	is subject to	Alteration	
	Lanes are Pre-D			
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	4-Nov-18			
7:00 a.m.	10000 Mtrs. Run	Men	70	Final
7:45 a.m.	1500 Mtrs. Run	Men	30+ to 50+	Final
8:00 a.m.	1500 Mtrs. Run	Men	55+ to 75+	Final
8:15 a.m.	1500 Mtrs. Run	Women	30+ to 60+	Final
<u> </u>	Long Jump	Men	60+ 75+	Final
	Shot Put	Women	30+ to 45+	Final
	Discus Throw	Women	50+ to 75+	Final
8:30 a.m.	50 Mtrs. Run	G/6	80	Heats
9:00 a.m.	50 Mtrs. Run	G/8	81	Heats
9:30 a.m.	50 Mtrs. Run	B/6	1	Heats
	Shot Put	Women	50+ to 75+	Final
	Discus Throw	Women	30+ to45+	Final
	Long Jump	Men	50+ & 55+	Final
10:00 a.m.	50 Mtrs. Run	B/8	2	Heats
10:30 a.m.	50 Mtrs. Run	G/6	80	S/F
	Long Jump	Men	45+ & 50+	Final
	Shot Put	Men	60+ to 75+	Final
10:40 a.m.	50 Mtrs. Run	G/8	81	S/F
10:50 a.m.	50 Mtrs. Run	B/6	1	S/F
11:00 a.m.	50 Mtrs. Run	B/8	2	S/F
11:10 a.m.	100 Mtrs. Run	G/10	82	Final
11:30 a.m.	100 Mtrs. Run	G/12	87	Final
	Long Jump	Men	30+ to 40+	
	Shot Put	Men	50+ & 55+	
12:00 hrs.	100 Mtrs. Run	B/10	3	Final
12:20 p.m.	100 Mtrs. Run	B/12	8	Final
•	Shot Put	Men	30+ to 45+	
12:40 p.m.	50 Mtrs. Run	G/6	80	Final
12:45 p.m.	50 Mtrs. Run	G/8	81	Final
12:50 p.m.	50 Mtrs. Run	B/6	1	Final
12:55 p.m.	50 Mtrs. Run	B/8	2	Final
	Lundi Bud	-		
	Lunch Break	+		
2:15 p.m.	100 Mtrs. Run	Men	30+ to 75+	T.T./Final
- F	Triple HJmp	Women	30+ t0 60+	Final
	Javelin Throw	Men	30+ to 45+	Final

2:45 p.m.	100 Mtrs. Run	Women	30+ to 75+	T.T./Final
3:15 p.m.	200 Mtrs. Run	G/10	83	Final
3:20 p.m.	200 Mtrs. Run	G/12	88	Final
	Triple Jump	Men	30+ to 45+	Final
	Javelin Throw	Men	50+ & 55+	Final
3:25 p.m.	200 Mtrs. Run	B/10	4	Final
3:30 p.m.	200 Mtrs. Run	B/12	9	Final
3:45 p.m.	4X100 Mtrs Relay	G/10	86	T.T./Heats
4:05 p.m.	4X100 Mtrs Relay	G/12	91	T.T./Heats
4:25 p.m.	4X100 Mtrs Relay	B/10	7	T.T./Heats
	Triple Jump	Men	50+ to 75+	Final
	Javelin Throw	Men	60+ to 75+	Final
4:45 p.m.	4X100 Mtrs Relay	B/12	12	T.T./Heats
5:00 p.m.	4X100 Mtrs Relay	G/10	86	Final
5:10 p.m.	4X100 Mtrs Relay	G/12	91	Final
5:20 p.m.	4X100 Mtrs Relay	B/10	7	Final
5:20 p.m.	4X100 Mtrs Relay	B/12	12	Final
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Order of events is subject to Alteration Lanes are Pre-Drawn

Selection for Semifinals in 100 Mtrs. Run and 200 Mtrs. Run will be on the basis of Time Treial. 16/24 or 32depending upon number of runners took part in the event will be selected for S.F and best 8 timers in S.F. will qualify for the finals.

8 best timers will be selected from the heats for the finals in 400 Mtrs.

16 Childern will run the finals of 50 Mtrs run and their selection will be on the basis of time trials. Merit certificates will be isuued to the best three timers. Placings will be on the basis of time trial.

Reporting for all the events at the call room which has been set up in the basket ball court behind the stands.
Reporting should be done half an hour before the scheduled time for the event.